



Middle and High School Lunch Menu

2020

| Tuesday, Jan. 7 | Wednesday, Jan. 8 | Thursday, Jan. 9 | Friday, Jan. 10 |
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| Teriyaki Chicken w/ Rice Or General Tso's w/ Rice Steamed Broccoli Carrots Fortune Cookie Fruit Choice Milk Choice | Popcorn Chicken w/ Breadstick Or Corn Dog Nuggets Tossed Salad w/ Ranch Sweet Potato Waffle Fries Fruit Choice Milk Choice | Rib-be-que Sandwich Or BBQ Drummies Baked Beans Roasted Potatoes Broccoli Casserole Fruit Choice Milk Choice | Potato Crusted Fish w/ Hushpuppies Or Chicken Sandwich Lettuce, Tomato, Pickle Onion Rings Corn FruitChoice Milk Choice |
| Tuesday, Jan. 14 | Wednesday, Jan. 15 | Thursday, Jan. 16 | Friday, Jan. 17 |
| Build Your Own Burrito Shredded Chicken Or Taco Beef Cheesy Refried Beans Lettuce, Diced Tomatoes, Diced Cucumbers, Shredded Cheese Sour Cream and Salsa Jalapenos Fruit Choice Milk Choice | Hot Dog Or Cheeseburger Lettuce, Tomato, Pickle Corn Sweet Potato Fries Fruit Choice Milk Choice | Spicy Chicken Sandwich Or BBQ Sandwich Baked Beans Lettuce, Tomato, Pickle Oven Fries Fruit Choice Milk Choice | Cheese Sticks w/ Marinara Or Chicken Tenders w/ Breadstick Tossed Salad w/ Ranch Green Beans Fruit Choice Milk Choice |
| Tuesday, Jan. 21 | Wednesday, Jan. 22 | Thursday, Jan. 23 | Friday, Jan. 24 |
| Buffalo Chicken Pizza Or Chicken Strips w/ Homemade Roll Garden Salad w/ Dressing Corn Carrots Fruit Choice Milk Choice | Chili Cheese Fries Or Spaghetti w/ Breadstick Tossed Salad w/ Dressing Broccoli Carrots Fruit Choice Milk Choice | Chicken Pot Pie Or Chicken Strips w/ Roll Green Beans Mashed Potatoes Fruit Choice Milk Choice | Nachos Or Totally Taco Snax Cheesy Refried Beans Shredded Lettuce and Diced Tomatoes Salsa and Sour Cream Corn Fruit Choice Milk Choice |
| Tuesday, Jan. 28 | Wednesday, Jan. 29 | Thursday, Jan. 30 | Friday, Jan. 31 |
| Spicy Chicken Sandwich Or Cheeseburger Onion Rings Lettuce and Pickles Baked Beans Fruit Choice Milk Choice | Hickory Fries Or Vegetable Soup w/ Grilled Cheese Tossed Salad w/ Dressing Broccoli w/ Cheese Fruit Choice Milk Choice | Buffalo Chicken Tater Tot Casserole Or Mesquite Glazed Drumsticks Squash Casserole Green Peas Celery sticks w/ Ranch Breadstick Fruit Choice Milk Choice | Beef Stroganoff Or Chicken Alfredo Tossed Salad w/ dressing Sweet Potato Tots Black Eyed Peas Fruit Choice Milk Choice |

This institution is an equal opportunity provider. **LUNCH BUDDIES AVAILABLE DAILY** for students who bring their lunch.